

WHAT'S ON AT THE HALLS – JUNE 2026

Below is a list of activities which take place at the Harpenden Trust Community Halls.
For information regarding timings, fees and availability, please use the
contact details shown

Harpenden Trust Centre – 90 Southdown Road (opposite The Plough & Harrow)

Harpenden Trust Halls – 130a Southdown Road (above The Co-op)

ACTIVITIES FOR CHILDREN

<p>Hurst Children's Theatre Group Theatre and Street dance classes for children 3-18 years, leading to a show/performance in January and June. www.hurstchildrenstheatregroup.com hctg@live.co.uk Tel: 07568 363104 Wednesday & Friday afternoons/evenings</p>	<p>Girlguiding Southdown & Wheathampstead District Please register your daughter at: www.girlguiding.org.uk southdownguidingwaitinglist@gmail.com Brownies 7-10 years Thursday evenings</p>
<p>Mini Professors Science Classes for pre-schoolers 2-5 years Parent/Child fully interactive science sessions www.miniprofessors.com/stalbans stalbins@miniprofessors.co.uk Tel: Professor Tash 07921 172382 Monday & Friday mornings</p>	<p>Ballet with Zoë Fun and friendly ballet classes for all children 2-5 years Watch from the side or join in with your little one balletwithzoe@gmail.com Friday afternoons</p>
<p>Little Kickers Fun filled football classes for 18 months - 3.5 years A positive introduction to sport in a friendly, pressure-free environment www.littlekickers.co.uk jlustigman@littlekickers.co.uk Tel: 020 8440 6195 Monday mornings</p>	<p>Acro Dance Class Acro Dance is the perfect blend of dance and gymnastics. Ideal for building confidence and coordination in a supportive environment. No experience needed — just come ready to move! Ages 6–13 years www.harpendendance.com Thursday afternoons</p>
<p>Drama Tots Award-winning music, movement and drama classes for children aged 18 months - 5 years. Exciting activities and a new theme every week! www.dramatots.co.uk/st-albans-and-harpenden zara@dramatots.co.uk Tel: 07816 084246 Thursday mornings</p>	
<h3>ACTIVITIES FOR CHILDREN & ADULTS</h3>	
<p>Penny Waterman School of Dance Ballet and Street Dance/Jazz classes ages 3 – 8 years www.pennywaterman.com admin@pennywaterman.com Monday afternoons</p>	<p>The Dance Studio Ballet, Tap, Modern, Jazz & Acro dance classes Ages 12 months + www.thedancestudioherts.co.uk miriam@thedancestudioherts.co.uk Monday and Thursday afternoons/evenings & Saturday mornings Tuesday & Wednesday evenings & Saturday mornings</p>

<p align="center">Qi Kwan Do Harpenden</p> <p>Learn self-defence techniques while improving health, fitness and confidence. FREE trial lesson. Ages 8+</p> <p>Family discounts available adam@qkduk.com Tel: 07707 881347 Wednesday evenings</p>	<p align="center">Jado Kuin Do Harpenden</p> <p>Martial Arts classes which provide a pathway to fitness, strength, balance and coordination Book a free taster session. Ages 3+ www.jadoherts.uk info@jadoherts.uk Tel: Laurie 07568 241508 Monday evenings</p>
EXERCISE & DANCE CLASSES FOR ADULTS	
<p>Movement for Memory - Imagination Dance</p> <p>Gentle dance-based sessions for those living with dementia, Parkinsons or MS. www.imaginationarts.co.uk info.imaginationarts@yahoo.com Tel: 07394 934911 Monday mornings</p>	<p>Keep your Fitness - for ladies 50+</p> <p>Low impact exercise classes, including pulse-raising, toning and stretching www.harpendenfitness.com susie.odell@live.com Tel: Susie 07958 921291 Tuesday & Thursday mornings</p>
<p align="center">Flow & Ashtanga Yoga</p> <p>Flow Yoga - A gentle flow class Monday mornings & Tuesday afternoons</p> <p>Ashtanga Self Practice (Knowledge of the Ashtanga Primary Series helpful but not essential) Wednesday mornings celiacaplan@gmail.com Tel: Celia 07952 525297</p>	<p align="center">Zumba Harpenden with Jennifer Davies</p> <p>Latin inspired cardio dance workout, suitable for ALL fitness levels and dance abilities www.zumba.com/en-US/profile/jennifer-davies/696623 jen_papple@me.com Tel: Jen 07825 892890 Tuesday evenings & Saturday mornings</p>
<p align="center">Push Me Fit Pilates</p> <p>Small group classes focusing on core strength, posture, balance and flexibility www.Pushmefitherts.co.uk pushmefit.herts@gmail.com Tel: Marta 07769 661177 Wednesday mornings</p>	<p align="center">Clement Pilates</p> <p>Matwork Pilates for all, focusing on movement, alignment, strength and flexibility - mixed ability www.clementpilates.co.uk julieclementpilates@gmail.com Tel: Julie 07801 967369 Wednesday mornings</p>
<p align="center">Classes with Rachel</p> <p>Group fitness classes Pure Stretch Tuesday mornings Retro Aerobics Wednesday mornings Body Tone Friday mornings www.bookwhen.com/classeswithrachel classeswithrachel@gmail.com Tel: Rachel 07855 946555 Tuesday, Wednesday & Friday mornings</p>	<p align="center">Zumba Gold with Andrea</p> <p>Zumba Gold class for active older adults incorporating Latin Rhythms with additional Ballroom elements. The class focuses on all elements of fitness: cardiovascular, muscular conditioning, flexibility and balance boggo1@mac.com Tel: Andrea 07816 916756 Monday mornings & Tuesday mornings</p>
<p align="center">Vinyasa Yoga Flow</p> <p>Transformative dynamic classes interweaving anatomy & physiology with meditation and self-enquiry imogen@lunalondonyoga.com Tel: Imogen 07980 575454 Monday & Wednesday evenings</p>	<p align="center">Line Dancing</p> <p>Line Dancing for Improvers www.berniejes@icloud.com Tel: Bernie 07850 160294 Friday mornings</p>
<p align="center">Vinyasa Yoga</p> <p>A dynamic and rhythmic style of yoga linking posture and breath in a seamless flow Tel: Julie 07525 051829 Friday mornings</p>	<p align="center">Awareness Yoga</p> <p>Yoga classes available for men and women of all ages and abilities www.awarenessyoga.co.uk Tel: Frances on 01582 769368 / 07896 294243 Thursday evenings</p>

Adult Jazz Dance

For a fun and energetic way to keep fit, this is the perfect mix of fitness and flair - no experience needed!

www.harpendendance.com

info@harpendendance.com

Tel: 07842 580868

Thursday mornings

EDUCATIONAL ACTIVITIES FOR ADULTS

Harpenden German Class

Small friendly class for adults wishing to improve their German

brianwebb5nr@btinternet.com

Tel: Brian 01582 713985

Friday mornings

Bridge for Beginners

Learn to play bridge. On behalf of Harpenden Duplicate Bridge Club

richard@templeandco.com

Tel: Richard 01582 762727

Monday & Thursday afternoons

Harpenden Learning for Leisure

Daytime, adult educational courses for the whole community. No previous knowledge is required and no tests are involved. Learn just for fun!

www.harpendenlearningforleisure.org.uk

enrol@harpendenlearningforleisure.org.uk

Wednesday mornings & afternoons

Thursday afternoons

Harpenden u3a

For individuals who are no longer in full-time employment to engage in the social and friendly learning of new skills, interests, and activities

www.u3a.org.uk

Tel: Roger on 07523 031454

Tuesday afternoons

Tuesday mornings & Thursdays afternoons

OTHER ACTIVITIES FOR ADULTS

Creative Sewing

Come and join in the wonderful world of sewing.

Added to this creative adventure you will make lifelong friendships

shani.vermaak@gmail.com

Tel: 07543 876992

Tuesday mornings

Southdown Marquetry Group

Make a masterpiece with wood veneer.

Veneers and tuition provided

Tel: John on 07981 142099

Wednesday mornings

Sing with Tim - Men's Singing Group

Designed for all voices and skill levels, our sessions focus on the joy of music and community. Come along to sing your heart out, enjoy a coffee, and meet a fantastic group of people in a friendly, no-pressure atmosphere.

All welcome, no auditions or experience needed.

<https://www.singwithtim.com/singing-groups-1>

Tuesday mornings

Guitar Group

Eight guitarists simply enjoying the experience of playing together with acoustic, electric and bass guitars.

Each member is encouraged to suggest songs and if it works for the group then it's added to our playlists.

Tel: 07598 956976

Monday evenings

FREE COMMUNITY DROP-IN CENTRES

Citizens Advice St Albans District

Find us at The Harpenden Trust every Wednesday
Our advice is free, confidential and independent, whatever your issue we're here to help

www.citizensadvicestalbans.org.uk

Wednesday 10:30am - 12:30pm

Computer Friendly Drop-In

A free session, staffed with friendly and experienced technical volunteers, who will help you find a solution to your Windows, Apple or Android issues. Contact us to arrange an appointment or just Drop-In

www.computerfriendlystalbans.org.uk

admin@cfsta.org

Tel: 01727 617359

Thursdays 10am - 12:30pm