

WHAT'S ON AT THE HALLS – JUNE 2026

Below is a list of activities which take place at the Harpenden Trust Community Halls.
For information regarding timings, fees and availability, please use the
contact details shown

Harpenden Trust Centre – 90 Southdown Road (opposite The Plough & Harrow)

Harpenden Trust Halls – 130a Southdown Road (above The Co-op)

ACTIVITIES FOR CHILDREN

Hurst Children's Theatre Group

Theatre and Street dance classes for children 3-18 years,
leading to a show/performance in January and June.

www.hurstchildrenstheatregroup.com

hctg@live.co.uk

Tel: 07568 363104

Wednesday & Friday afternoons/evenings

Girlguiding Southdown & Wheathampstead District

Please register your daughter at:

www.girlguiding.org.uk

southdownguidingwaitinglist@gmail.com

Brownies 7-10 years

Thursday evenings

Mini Professors

Science Classes for pre-schoolers 2-5 years
Parent/Child fully interactive science sessions

www.miniprofessors.com/stalbans

stalbands@miniprofessors.co.uk

Tel: Professor Tash 07921 172382

Monday & Friday mornings

Ballet with Zoë

Fun and friendly ballet classes for all children 2-5 years

Watch from the side or join in with your little one

balletwithzoe@gmail.com

Friday afternoons

Little Kickers

Fun filled football classes for 18 months - 3.5 years

A positive introduction to sport in a friendly,
pressure-free environment

www.littlekickers.co.uk

jlustigman@littlekickers.co.uk

Tel: 020 8440 6195

Monday mornings

Acro Dance Class

Acro Dance is the perfect blend of dance and gymnastics.

Ideal for building confidence and coordination in a
supportive environment. No experience needed — just
come ready to move! Ages 6–13 years

www.harpendendance.com

Thursday afternoons

Drama Tots

Award-winning music, movement and drama classes for children aged 18 months - 5 years.

Exciting activities and a new theme every week!

www.dramatots.co.uk/st-albans-and-harpenden

zara@dramatots.co.uk

Tel: 07816 084246

Thursday mornings

ACTIVITIES FOR CHILDREN & ADULTS

Penny Waterman School of Dance

Ballet and Street Dance/Jazz classes
ages 3 – 8 years

www.pennywaterman.com

admin@pennywaterman.com

Monday afternoons

The Dance Studio

Ballet, Tap, Modern, Jazz & Acro dance classes

Ages 12 months +

www.thedancestudioherts.co.uk

miriam@thedancestudioherts.co.uk

Monday and Thursday

afternoons/evenings & Saturday mornings

Tuesday & Wednesday evenings & Saturday mornings

Qi Kwan Do Harpenden Learn self-defence techniques while improving health, fitness and confidence. FREE trial lesson. Ages 8+ Family discounts available adam@qkduk.com Tel: 07707 881347 Wednesday evenings	Jado Kuin Do Harpenden Martial Arts classes which provide a pathway to fitness, strength, balance and coordination Book a free taster session. Ages 3+ www.jadoherts.uk info@jadoherts.uk Tel: Laurie 07568 241508 Monday evenings
EXERCISE & DANCE CLASSES FOR ADULTS	
Movement for Memory - Imagination Dance Gentle dance-based sessions for those living with dementia, Parkinsons or MS. www.imaginationarts.co.uk info.imaginationarts@yahoo.com Tel: 07394 934911 Monday mornings	Keep your Fitness - for ladies 50+ Low impact exercise classes, including pulse-raising, toning and stretching www.harpendenfitness.com susie.odell@live.com Tel: Susie 07958 921291 Tuesday & Thursday mornings
Flow & Ashtanga Yoga Flow Yoga - A gentle flow class Monday mornings & Tuesday afternoons Ashtanga Self Practice (Knowledge of the Ashtanga Primary Series helpful but not essential) Wednesday mornings celiacaplan@gmail.com Tel: Celia 07952 525297	Zumba Harpenden with Jennifer Davies Latin inspired cardio dance workout, suitable for ALL fitness levels and dance abilities www.zumba.com/en-US/profile/jennifer-davies/696623 jen_papple@me.com Tel: Jen 07825 892890 Tuesday evenings & Saturday mornings
Push Me Fit Pilates Small group classes focusing on core strength, posture, balance and flexibility www.Pushmefitherts.co.uk pushmefit.herts@gmail.com Tel: Marta 07769 661177 Wednesday mornings	Clement Pilates Matwork Pilates for all, focusing on movement, alignment, strength and flexibility - mixed ability www.clementpilates.co.uk julieclementpilates@gmail.com Tel: Julie 07801 967369 Wednesday mornings
Classes with Rachel Group fitness classes Pure Stretch Tuesday mornings Retro Aerobics Wednesday mornings Body Tone Friday mornings www.bookwhen.com/classeswithrachel classeswithrachel@gmail.com Tel: Rachel 07855 946555 Tuesday, Wednesday & Friday mornings	Zumba Gold with Andrea Zumba Gold class for active older adults incorporating Latin Rhythms with additional Ballroom elements. The class focuses on all elements of fitness: cardiovascular, muscular conditioning, flexibility and balance boggol@mac.com Tel: Andrea 07816 916756 Monday mornings & Tuesday mornings
Vinyasa Yoga Flow Transformative dynamic classes interweaving anatomy & physiology with meditation and self-enquiry imogen@lunalondonyoga.com Tel: Imogen 07980 575454 Monday & Wednesday evenings	Line Dancing Line Dancing for Improvers www.berniejes@icloud.com Tel: Bernie 07850 160294 Friday mornings
Vinyasa Yoga A dynamic and rhythmic style of yoga linking posture and breath in a seamless flow Tel: Julie 07525 051829 Friday mornings	Awareness Yoga Yoga classes available for men and women of all ages and abilities www.awarenessyoga.co.uk Tel: Frances on 01582 769368 / 07896 294243 Thursday evenings

Adult Jazz Dance

For a fun and energetic way to keep fit, this is the perfect mix of fitness and flair - no experience needed!

www.harpendendance.com

info@harpendendance.com

Tel: 07842 580868

Thursday mornings

EDUCATIONAL ACTIVITIES FOR ADULTS

Harpenden German Class

Small friendly class for adults wishing to improve their German

brianwebb5nr@btinternet.com

Tel: Brian 01582 713985

Friday mornings

Bridge for Beginners

Learn to play bridge. On behalf of Harpenden Duplicate Bridge Club

richard@templeandco.com

Tel: Richard 01582 762727

Monday & Thursday afternoons

Harpenden Learning for Leisure

Daytime, adult educational courses for the whole community. No previous knowledge is required and no tests are involved. Learn just for fun!

www.harpendenlearningforleisure.org.uk

enrol@harpendenlearningforleisure.org.uk

Wednesday mornings & afternoons

Thursday afternoons

Harpenden u3a

For individuals who are no longer in full-time employment to engage in the social and friendly learning of new skills, interests, and activities

www.u3a.org.uk

Tel: Judith – 07593 579415

Tuesday afternoons

Tuesday mornings & Thursdays afternoons

OTHER ACTIVITIES FOR ADULTS

Creative Sewing

Come and join in the wonderful world of sewing.

Added to this creative adventure you will make lifelong friendships

shani.vermaak@gmail.com

Tel: 07543 876992

Tuesday mornings

Southdown Marquetry Group

Make a masterpiece with wood veneer.

Veneers and tuition provided

Tel: John on 07981 142099

Wednesday mornings

Sing with Tim - Men's Singing Group

Designed for all voices and skill levels, our sessions focus on the joy of music and community. Come along to sing your heart out, enjoy a coffee, and meet a fantastic group of people in a friendly, no-pressure atmosphere.

All welcome, no auditions or experience needed.

<https://www.singwithtim.com/singing-groups-1>

Tuesday mornings

Guitar Group

Eight guitarists simply enjoying the experience of playing together with acoustic, electric and bass guitars.

Each member is encouraged to suggest songs and if it works for the group then it's added to our playlists.

Tel: 07598 956976

Monday evenings

FREE COMMUNITY DROP-IN CENTRES

Citizens Advice St Albans District

Find us at The Harpenden Trust every Wednesday
Our advice is free, confidential and independent, whatever your issue we're here to help

www.citizensadvicestalbans.org.uk

Wednesday 10:30am - 12:30pm

Computer Friendly Drop-In

A free session, staffed with friendly and experienced technical volunteers, who will help you find a solution to your Windows, Apple or Android issues. Contact us to arrange an appointment or just Drop-In

www.computerfriendlystalbans.org.uk

admin@cfsta.org

Tel: 01727 617359

Thursdays 10am - 12:30pm